

'Mental Health Cafe' for Latrobe Valley



Latrobe Health Assembly

Shaping The Valley



Designed by the community, for the community

www.healthassembly.org.au/mental-health-cafe

Lead Agency / Consortium

- Establishment phase
- Project/Partnerships Lead
- Clinical governance

- Peer-led
- Wellbeing supports
- Recovery-oriented
- Safe, calm, comforting

Weekends day +/- evening

Weekdays (minimum 1) afternoon + evening

Social Worker

- Basic Mental Health triage
- Health & Wellbeing info/activities
- Psycho-education



Warm Supported Transfer



Critical Partnerships

- Latrobe Regional Hospital
- VicPol, MHAPR
- Ambulance Victoria



GPs, mental health services, supports, psychosocial supports, youth space, support groups

Food banks, neighbourhood houses, libraries, employment agencies, men's sheds, community service organisations

Best practice training & development

Safety & wellbeing protocols & supports (eg. supervision, debrief)

Meaningful participation of people with lived experience



Outcomes

